



Rosemary's Natural Choices

Sale Ends May 1st

95 Lincoln Street • on the corner of Prince Charles Drive & Lincoln Street in Welland • (905) 714-0586

Bonus Size!

Vitamin B12



Vitamin B12 is recommended for many health conditions including impaired mental function, asthma, depression, diabetic neuropathy, low sperm counts and tinnitus. Vegetarians and the aging population often require daily Vitamin B12

210 caps **\$14.99**
Sale.....

Hair • Skin • Nails



Is your hair losing its lustre? BioSil is a highly form of silicon that is immediately absorbed by the body. It increases bone mass and density, supports healthy joints, promotes stronger nails and thicker, healthier hair plus beautiful skin and fewer wrinkles.

120 caps **\$62.99**
Sale.....

Diabetic ?

The unique way in which berberine acts on the body makes it a natural option for supporting blood sugar balance. Evidence shows berberine plays a role in blood sugar metabolism, and supports cardiovascular health by maintaining healthy blood lipid levels.



120 caps **\$39.99**
Sale.....

Bone Health

If you're a woman in your menopausal years, your doctor may have recommended calcium for bone support. You want to ensure key cofactors like vitamin D, magnesium and vitamin K2 are present in the formula. Health First Cal Mag Plus K2 Supreme is formulated to make it easily absorbed.



450 mL **\$26.99**
Sale.....

Superfood!

This 100% organic superfood powder combines 53 alkalizing veggies, fruits, mushrooms, sea veggies, and herbs for the ultimate green food. Loaded with phytonutrients, this vegan superfood provides the antioxidant equivalent of 6-8 servings of organic fruits and vegetables.



292 g **\$54.99**
Sale.....

Chlorophyll



Chlorophyll is a potent antioxidant and great source of vitamins A, C and K. It also has detoxifying properties that have been shown to help control body odour. Health First Chlorophyll is sourced from non-GMO alfalfa and it is preservative free.

500 mL **\$17.99**
Sale.....

Better Joint Health

Collagen is clinically proven effective for joint, bone and skin health. Naka Pro Extra Strength Marine Collagen is vital in maintaining healthy cartilage and joint health... which is especially important as we age. With 10,000 mg of Peptan!



425 g **\$64.99**
Sale.....

Anti-Aging Silica

Silica Gel helps to reduce the signs of aging. It promotes healthy hair and nails and helps skin elasticity. Its soothing, cooling and drying effect makes it ideal for healing minor skin irritations, blemishes and to smooth wrinkled skin.



Bonus Buy!
2 x 500 mL **\$54.99**
Sale.....

Wild Tusker Organic MCT Oil



Wild Tusker is a Canadian brand based in British Columbia. Wild Tusker Organic MCT Oil in your diet can help to maintain healthy weight management and body composition.

500 mL **\$12.99**
Sale.....

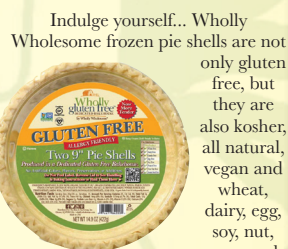
Galerie Vegan Chocolate Mini Bunnies



A really nice holiday treat! Galerie Chocolate Vegan Chocolate Mini Bunnies are delicious, plant-based chocolates crafted from the very finest Belgian chocolate.

50 g **\$3.99**
Sale.....

Wholly Wholesome Gluten Free Pie Crust



Indulge yourself... Wholly Wholesome frozen pie shells are not only gluten free, but they are also kosher, all natural, vegan and wheat, dairy, egg, soy, nut, corn and

425 g **\$6.99**
Sale.....

Neal Bros Organic Tortilla Chips

Want a great snack? Try Neal Bros. Organic Tortilla Chips. This salty snack pairs great with your favourite Brothers Salsa! Assorted flavours on sale!



300 g **\$3.99**
Sale.....

Lakewood Pure Organic Lemon Juice

Fresh pressed organic pure lime juice that is not made from concentrate. Made with 26 to 30 organic lemons in every bottle! 100% Organic Certified Organic. Kosher Certified



946 mL **\$7.49**
Sale.....



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And you can also find us on Instagram

