



# Rosemary's Natural Choices

95 Lincoln Street • on the corner of Prince Charles Drive & Lincoln Street in Welland • (905) 714-0586

Sale Ends April 5<sup>th</sup>

Bonus Buy!

## Better Joint Health

Collagen is clinically proven effective for joint, bone and skin health. Naka Pro Extra Strength Marine Collagen is vital in maintaining healthy cartilage and joint health... which is especially important as we age. With 10,000 mg of Peptan!



425 g  
Sale..... **\$55.99**

## Essential Omega

The American Medical Association Journal has reported a clear association between the intake of fish oil and omega 3 fatty acids and a reduced risk of heart disease. RxOmega-3 contains 900 mg of EPA per capsule. **Triple Strength!**



150 caps  
Sale..... **\$33.99**

## Super Enzymes

As we age, we often have more difficulty digesting our food. Adding enzymes to your diet helps break down the fats, carbs and proteins and optimize nutrient intake. NOW Super Enzymes contains betain, papain, ox bile, and bromelain.



90 caps  
Sale..... **20% off**

## Anti-Aging Silica

Silicea Colloidal Gel is the ideal way to help reduce the signs of aging. It works to build strong, healthy hair and nails and to retain skin elasticity. Ideal for minor skin irritations, blemishes and as a face mask to smooth wrinkled skin.



**Bonus Pack!**  
2 x 500 mL  
Sale..... **\$52.99**

Bonus Buy!

Bonus Size!

## Liposomal Vitamin D3

Naka Platinum Liposomal Vitamin D3 is recognized for improving bone health. It also helps to regulate the absorption of calcium and phosphorous, reduces the risk of multiple sclerosis, decreases the chance of heart disease and helps to reduce the likelihood of developing the flu.



100 mL  
Sale..... **\$21.99**

## AdrenaSmart

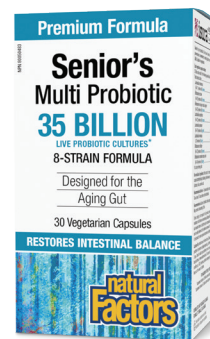
AdrenaSmart is ideal for anyone experiencing chronic stress. It helps to protect against stress related symptoms of fatigue, irritability and inability to focus. It promotes feelings of well being and restful sleep. It also supports cardiovascular health, cognitive function and physical stamina.



90 caps  
Sale..... **\$24.99**

## Senior's Probiotic

Senior's Multi Probiotic provides support of both the small and large intestines. This senior-specific formula helps relieve constipation, gas, and bloating, and combat age-related decline in immune system function.



30 caps  
Sale..... **\$24.97**

## Bio-K+ Good Health

Bio-K + is a live, probiotic that provides active, friendly bacteria that fight the harmful bacteria that accumulate in your gut. It helps restore and strengthen your immune system.



**BONUS OFFER!** - Get 10% off all other Bio-K Plus flavours and sizes  
12 pack  
Sale..... **\$34.99**  
*Strawberry flavour only*

## Gluten Free Pie Crusts

Bake your favorite pie gluten free Kinnikinnick pie crust. It is so good, no one will even know that it's Gluten free! Includes 2 eight-inch gluten free pie shells, so one pack makes two single or one double crust pie! It's **Gluten Free!**



390 g  
Sale..... **\$3.99**

## Beyond Meat Plant Based Burgers

The Beyond Burger is a burger that looks, cooks, and satisfies like traditional burgers but with the benefits of a plant-based meal. It has 20g of plant-based protein and has no GMOs, soy, or gluten.



227 g  
Sale..... **\$5.99**

## Fruit D'Or Pure Cranberry Juice

Fruit D'Or Cranberry Juice is pure cranberry juice. Cranberry Juice is a very healthy alternative. You can really taste the difference of pure cranberry juice - it is incredibly delicious and good for you too.



1 litre  
Sale..... **\$4.99**

## Simply Organic Ground Cumin

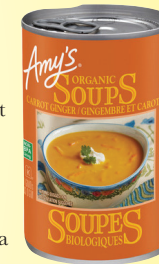
Known for its role in curry dishes, Cumin is a very versatile spice and a must have for any kitchen. Found in a variety of popular Mexican, Indian, Asian and African dishes. Kosher, Organic and Non-Irradiated.



65 g  
Sale..... **\$4.99**

## Amy's Organic Carrot Ginger Soup

Ready for a delicious bowl of soup? Amy's Kitchen Organic Carrot Ginger Soup is ready to serve. This vibrant soup will warm your heart and body! Made with organic carrots, ginger, spices and a touch of cream.



398 mL  
Sale..... **\$3.99**

Look for us on Facebook



And you can also find us on Instagram

