



Rosemary's Natural Choices

95 Lincoln Street • on the corner of Prince Charles Drive & Lincoln Street in Welland • (905) 714-0586

Sale Ends Mar. 22nd

Bonus Buy!

Joint Pain Relief



NEM naturally suppresses key agents in the inflammatory process, helping to reduce joint pain and improve joint flexibility in as little as 7 to 10 days! Also alleviates joint stiffness associated with osteoarthritis, and minimizes discomfort due to moderate intensity exercise in post-menopausal women.

75 caps
Sale..... **\$37.99**

Improved Health



Ideal for heart health and erectile dysfunction. L-Arginine produces nitric oxide, which reduces blood vessel stiffness, increases blood flow, and improves blood vessel function. Improved blood flow helps to engorge the blood vessels surrounding the penis for improved erections.

Heart Healthy!

100 caps
Sale..... **20% off**

Heart Health

Coenzyme Q10 is one of the best supplements available to help provide better pumping capacity and increase heart muscle strength. Numerous studies indicate that Co Q10 is also very beneficial in the treatment of high blood pressure.



120 caps
Sale..... **\$21.99**

Naka Glutathione+

Glutathione provides antioxidant protection to protect cells against the oxidative damage caused by free radicals while boosting the bodies immune system. Naka Platinum Liposomal Glutathione+ has been formulated to promote detoxification. In a delicious natural orange flavour.



120 mL
Sale..... **\$37.79**

Double Strength

Inflammation?



Curcumin reduces inflammation, provides antioxidant protection, and reduces the risk factors for chronic diseases, including heart disease, Alzheimers, Parkinsons, rheumatoid arthritis, and cancer. It is a natural alternative to anti-inflammatory drugs. *Now more bioavailable!*

120 caps
Sale..... **\$79.99**

Deep Immune



Deep Immune is formulated with a combination of eight traditional herbs proven to effectively boost the immune system. Deep Immune can improve your immune health and decrease the tendency and frequency to catch colds, flu and infections. It's also great as a tonic for fatigue and exhaustion.

100 mL
Sale..... **\$29.99**

Nutri C Complex

Naka's Nutri-C Complex is a Liquid Vitamin C formula that is formulated for maximum absorption. It has a great tasting natural flavour and features the benefits of Quercetin, Rose Hips, Citrus Bioflavonoids and Bilberry Fruit!



600 mL
Sale..... **\$23.99**

Hot Flashes?

European doctors usually recommend herbs to help relieve the symptoms of menopause. They are safe, clinically proven and very effective. MenoSense contains herbs that relieve hot flashes, night sweats, mood swings and improve vaginal dryness. It's a proven remedy for menopause symptoms.



240 caps
Sale..... **\$36.99**

Gluten-Free All Purpose Flour



Gluten-free, wheat-free, dairy-free! Sometimes it's difficult to find good quality baking ingredients for your special diets. Namaste Perfect Flour Blend is a healthful alternative.

1.36 kg
Sale..... **\$12.99**

Gluten-Free Soft White Bread



Fluffier than ever, it's sandwich-lovers favourite gluten-free bread, free from Top 8 allergens. Soft, chewy and as close to the 'real thing' as it gets. Vitamin and Mineral enriched. **VEGAN**

454 g
Sale..... **\$3.99**

Lily of the Desert Aloe Vera Juice



Used to help soothe irritation and inflammation of the gastrointestinal tract. Whole Leaf Aloe Vera juice helps maintain healthy digestion, improves nutrient absorption and naturally balances your stomach acidity.

946 mL
Sale..... **\$7.99**

Lily's Dark Chocolate Chips



Lily's Dark Chocolate baking chips, with no added sugar, are great for everything from cookies to pancakes to snacking right out of the bag. **Certified gluten-free and vegan.**

255 g
Sale..... **\$5.99**

Sol Cuisine Buffalo Cauliflower Wings

These Buffalo style cauliflower wings are deliciously tangy, with a whole lot of kick!

Buffalo wings made with cauliflower? A delicious and healthy plant-based snack and appetizer.



255 g
Sale..... **\$5.99**

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And you can also find us on Instagram

