



Rosemary's Natural Choices

95 Lincoln Street • on the corner of Prince Charles Drive & Lincoln Street in Welland • (905) 714-0586

Sale Ends Jan. 25th

Bonus Size!

Immune Support



N-Acetyl-L-Cysteine (NAC)

provides powerful immune support. Helps to reduce the severity & frequency of influenza-like symptoms & support immune system in adults over 65 or suffering from chronic degenerative diseases. Also helps to relieve symptoms of chronic bronchitis.

150 caps

Sale.....\$27.99

Multi Collagen

Total Body Multi Collagen combines five types of collagen, including



natural eggshell membrane (NEM), to reduce wrinkles, promote healthy connective tissue, and reduce joint pain associated with osteoarthritis. This blend of food-sourced collagen is ideal for the keto and paleo lifestyles.

267 g

Sale.....\$34.97

Gut FX Formula

GUT-FX from Healthology is the ultimate formula to repair your intestinal tract lining, heal inflammation, support healthy gut flora, and restore your gut health



Repairs leaky gut syndrome and other intestinal ailments
Contains 10 Billion CFU probiotics per serving.

180 g

Sale.....20% off

Bonus Buy!

Naka Pro BioMax

This bioactive co-enzyme vitamin B complex has added herbals for stress management. It has Ashwagandha for stress and mood management, rhodiola supports the nervous system and physical endurance, and Panax ginseng supports cognitive function and energy production.



150 caps

Sale.....\$46.99

Bonus Size!

Diabetic Health

Berberine supports healthy glucose, metabolism and cardiovascular



health. Berberine has been shown to support healthy cholesterol and glucose levels already within the normal range. Plus it supports healthful sugar levels and it can help improve your liver function.

120 caps

Sale.....\$35.99

Anti-Aging

RegenerLife NMNSurge contains metabolically active nicotinamide mononucleotide (NMN), a unique anti-aging ingredient used to rejuvenate cellular health. NMN has been shown to suppress age-associated weight gain, enhance energy metabolism and prevent age-linked changes in gene expression.



60 caps

Sale.....\$49.97

Naka Magnesium

Help to reduce your muscle aches and cramps with Naka Magnesium Bisglycinate. This form of magnesium is the most bioavailable type providing faster, more efficient absorption and more usable magnesium for your body's needs.



Bonus Super Deal!

300 caps

Sale.....\$36.99

Amazing Krill Oil

Studies show that krill oil is very effective for treating heart disease and heart-related issues. The essential fatty acids in krill oil reduce risk factors of heart disease by lowering high cholesterol, reducing high blood pressure, and inhibiting plaque in the arteries.



60 softgels

Sale.....20% off

Sol Cuisine Buffalo Cauliflower Wings

These Buffalo style cauliflower wings are deliciously tangy, with a whole lot of kick!



Buffalo wings made with cauliflower? They're great! A delicious and healthy plant-based snack and appetizer. **Vegan!**

255 g

Sale.....\$4.99

Schar Gluten Free Italian Pizza Crust

Making pizza tonight? Schar **gluten-free** pizza crusts are the perfect way to start your pizza. Top it up any way you like it. Put it on the grill for an extra golden brown super delicious pizza crust. **Mmmm good!**



2 x 150 g

Sale.....\$8.99

Saugeen Country Plain Kefir

Kefir is fermented milk with a delicious taste that is enjoyed throughout Europe for its unique flavour and health benefits. Kefir, whose name comes from the Turkish word for "well-being," is a delicious and healthy staple.



1 kg

Sale.....\$3.99

Fruit D'Or Pure Cranberry Juice

Fruit D'Or Cranberry Juice is pure cranberry juice. Cranberry Juice is a very healthy alternative. You can really taste the difference of pure cranberry juice - it is incredibly delicious and good for you too.



1 litre

Sale.....\$3.99

Charlie Bee Pure Natural Honey

Some of the best honey is produced right here in our own backyard. Charlie Bee Honey is wholesome pure honey and it is produced just down the road in Beamsville.



1 kg

Sale.....\$9.99

Look for us on Facebook



And you can also find us on Instagram

